


Herman Prior Activity Center					JANUARY 2024	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
REPEAT ACTIVITIES - SUBJECT TO CHANGE PLEASE CHECK WEBSITE FOR UPDATES - www.hermanpriorcentre.com						
Coffee Crew 10:00- Line Dance	Coffee Crew	Coffee Crew	Coffee Crew 9-noon Pool League	Coffee Crew	IMPORTANT NOTICE: YOGA: starts Jan. 8 SENIOR FITNESS: No classes Jan. 9 & 12th	
10:30- Resistance Band	9:00-noon Pool League	9:00-noon Pool League	9:00-noon Pool League 10:00-HPC Tai Chi	10:00-Floor Curling		
1:00 - Chair Yoga	12:30- Bridge	10:00 - Pickleball	1:00-Bridge 1:00-Weaving	1:00-Floor Shuffleboard		
1:00 - Cribbage	1:00- Quilting Queens	1:00 - Cribbage	1:00 - Chair Yoga	1:00-Senior Fitness		
6:00- Clogging	1:00 - Senior Fitness	1:00-Hatha Yoga	1:00- Whist			
Music Jammers Jan. 8 & 22nd 7 pm	No Geneology until Feb. 2024	6:30-Prairie Strummers Ukelele Club Jan.10 & 24	6:30-Pickleball			
			7:00-Pairs & Squares			
NOON MEAL MENU Phone 857-6951 day before to order. Eat in: \$8 Take-out & Delivery: \$10						
1st - CLOSED	2nd-Roast Beef	3rd-Salisbury Steak	4th-Roast Chicken	5th-- Shrimp	January 24th Paint Night from 6:30-8:30 Sign up sheet at front desk January 31 @ 11:00 AM PCI Band will be performing	
8th- Spaghetti & Meatballs	9th-Beef Stew	10th-Ham & Scalloped Potatoes	11th-Roast Chicken	12th-Fish OR Live & Onions		
15th-Chicken Alfredo	16th-Pulled Pork	17th-Shepard's Pie	18th-Roast Chicken	19th-Salmon		
22nd-Mac & Cheese & Meatballs	23rd - Roast Beef	24th - Butter Chicken & Rice	25th - Roast Chicken	26th- Fish OR Liver & Onions		
29th-Chicken Tomato Casserole	30th-Roast Beef	31-Perogies & Garlic Sausage		REMINDER: the menu is Soup OR Salad		