

Herman Prior Activity Center

APRIL 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
REPEAT ACTIVITIES - SUBJECT TO CHANGE PLEASE CHECK WEBSITE FOR UPDATES - www.hermanpriorcentre.com					
10:00 - Line Dancing	9:00 - Painting		10:00- HPC Tai Chi		Foot Care Nurse Dates: April 6,13,14,20,21,27,28 Dr. Belmont Podiatrist April 25, 2023 PLEASE NOTE: April 12 - Chair Yoga in Auditorium April 13 - HPC Tai Chi & Yoga in Auditorium April 14 - Floor Curling in Auditorium April 14 - No Senior Fitness April 18 - Senior Fitness in Auditorium
10:30 - Resistance Band	12:30 - Bridge	12:10 - Chair Yoga	1:00 - Bridge	10:00-Floor Curling	
1:00 - Chair Yoga	1:00 - Quilting Queens	1:00 - Cribbage	1:00 - Yoga	1:00-Floor Shuffleboard	
1:00 - Cribbage	2:15 pm Senior Fitness	1:00 - P.LaP. Monopoly 3rd Wed of each month	1:00 - Weaving	1:00- Senior Fitness	
	6:30 - Line Dancing		1:00-Whist		
6:00 pm Clogging	6:30-Geneology last Tues each month	6:30-8:30 pm 1st & 3rd Wed. Prairie Strummers Ukulele Club	6:30 - PickleBall 7:00 Pairs & Squares		
Dine in meals \$8.00 Take Out & Delivery \$10.00 Please phone day before to order your meal-204-857-6951					
3- Chicken Alfredo	4- Roast Pork	5- Shepards Pie	6- Roast Chicken Easter Dinner	7- Closed	COMING UP MAY 27 LIVE MUSIC FUNDRAISING CONCERT with: Northern Reflections Johnny Dietrich & Kickin Up Dust and The Sharpe Sisters Thank you once again Cy Painter for your donation in support of this fundraiser for the Herman Prior Activity Centre
10- Closed	11- Beef Stew	12- Sloppy Joes	13- Chicken Pot Pie	14- Salmon en Croute	
17- Perogies & Sausage	18- Roast Beef	19- Lasagna	20- Roast Chicken	21- Fish or Liver & Onions	
24- Chicken Pesto	25- Beef Pot Pie	26- Ham & Scalloped Potatoes	27- Roast Chicken	28- Pickerel	